



The key to exposing quickly and accurately using false color is to focus on skin tones first. Typically, skin tones should fall in the 70 IRE range, which will appear as light grey. Once you set your exposure so that your talent's skin tone appears grey, you know the image is well exposed — at least as far as the talent is concerned. From there, you can simply scan the frame for any areas that are over or underexposed and make lighting or framing adjustments accordingly.

